





TOPDECKER, meet Europe (TD)

TRIP VIBE = fast-paced fun with tons of socialising, bucket-list sights and good times all round. Take 11 countries in 24 days. Add iconic cities, jaw-dropping alpine scenes and an incred bunch of travel buds. Wrap it in a woolly scarf, dip it in hot chocolate and throw a bunch of twinkly lights on top – what do you get? One glorious, fun-filled Euro trip to last a lifetime. Dodge the crazy summer crowds. Meet your people. And soak up ALL the seasonal vibes. This is winter done right.

WHAT YOU **NEED TO KNOW**



Get Social



Nights



Download app



Meals

Thanks for choosing to holiday with Topdeck

Ready for the time of your LIFE?

The countdown's on...

ABOUT YOUR TRIP NOTES

These Trip Notes contain everything you need to know before your trip departs – from where to meet your Topdeck fam to what we suggest you bring.

Read them on the train, in the supermarket queue or on the loo – we don't mind, just look through them carefully so you know what to expect on your trip. We recommend you download this document so it's with you when you travel (and give a copy to your MVPs so they know what you're up to).

IMPORTANT: please refresh this doc as close to your departure as possible. This means you'll have the most up-to-date info available.

INCLUDED EXPERIENCES

- Paris highlights drive
- Visit Pisa and see the famous Leaning Tower
- Walking tour of Florence with local guide
- Walking tour of Rome with Trip Leader
- Walking tour of Venice with Trip Leader
- Walking tour of Salzburg with Trip Leader
- · Vienna highlights drive
- Orientation walk of Bratislava with Trip Leader
- · Budapest highlights drive
- Walking tour of Kraków with Trip Leader
- Walking tour of Prague with Trip Leader
- Orientation walk of Dresden with Trip Leader
- Berlin highlights drive

YOUR TRIP WILL START

PICK UP:

London Europe

YOUR TRIP WILL FINISH

DROP OFF:

London Europe

TRIP CURRENCIES

- England GBP
- France EUR
- Switzerland CHF
- Italy EUR
- Vatican City EUR
- Austria EUR
- Slovakia EUR
- · Hungary HUF
- Poland PLN
- Czech Republic CZK
- · Germany EUR
- Netherlands EUR

YOUR ITINERARY

DAY 1 | LONDON (ENGLAND) - PARIS (FRANCE)

Get ready to leave the routine behind and uncover extraordinary. We'll hit the road early and drive across the English Channel. Use the ride to brush up on your bonjours and s'il vous plaîts – and get to know your awesome AF trip mates. This is what it's all about! The home of Coco Chanel, the Mona Lisa and world's yummiest macarons - Paris has earnt its rep as the European capital for all things fashion, culture and drool-worthy food. Tick off all the showstoppers on a driving tour before getting OUT there and exploring the City of Lurve.



INCLUDED TODAY:

· Paris highlights drive

DAY 2 | PARIS

Yep, you're finally here - make the most of it! Get your fill of warm pastries at your Trip Leader's recommended spot. Catch a glimpse of Mona with a visit to the Louvre (top tip: get your tix in advance!) Snap a pic of the Arc de Triomphe. Spend some of your hard-earned along the Champs Elysées. Or head out solo to explore the hidden backstreets and charismatic local cafés. Feeling the chill? Warm up those legs on an optional bike tour. There's even an optional river cruise down the Seine to jump on. Tonight, it's our first group dinner – time to learn (then forget) everyone's names. After: dress to impress for the cabaret. You're in Paris after all.



MEALS:



OPTIONAL ACTIVITIES:

Dinner

- Seine River cruise: from €15
- Bike tour of Paris: from €34
- Parisian cabaret show: prices and location available locally

DAY 3 | PARIS - SWISS ALPS (SWITZERLAND)

Banging tunes and scenic views – we'll be trading in Parisian streets for snowy peaks as we head to the mountains. Unlike the Toblerone box, the Swiss Alps aren't all lined up perfectly, so it's gonna be a bit of a drive. BUT you'll be too busy squishing your face against the window to notice. Home to the 'Top of Europe', 72 waterfalls and one of the largest nature conservations in Switzerland – tonight we're bunking down in the inCREDIBLE Swiss Alps. Sit back in the fresh (jk: it's freezing) mountain air with a mug of creamy hot choc and dig out that pack of UNO. Dealing in mittens = cards everywhere.



MEALS:

DAY 4 | SWISS ALPS

If the Swiss Alps had a Tinder bio it would read: fun-filled outdoor enthusiast – looking for a fellow adrenalin junkie to share adventures with. Swiping right? Heck yes! Hop aboard the Jungfraubahn railway for an optional visit to the 'Top of Europe'. Make like Arnie, and get to the chopper for all the picture-perfect views. Or for the more adventurous (read: crazy) – why not throw yourself out of a plane at 14,000 ft? Fun. Tonight: gather the gang, head into town and get toasty with a glühwein or two.



OPTIONAL ACTIVITIES:

- Skydiving in the Swiss Alps: from 475 CHF
- Scenic excursion to Jungfrau ('The Top of Europe'): from 165 CHF

DAY 5 | SWISS ALPS - PISA (ITALY) - FLORENCE

Today, we're off to see one of the most famous screw-ups in history (no, we're not talking about Fyre Festival) – Pisa's famous Leaning Tower. Snap a photo (you know the one), then prep your fat pants for Florence: the home of gelato and drool-worthy Tuscan cuisine. Before you grab dinner, stroll along the Arno River for all those frosty-this-is-what-l-came-here-for vibes. Then: did someone say karaoke? If you're feeling it, join the gang in a battle of the classics at the bar later. Or seek out a cosy candle-lit wine bar to sample the region's famous vino rosso.



MEALS:



INCLUDED TODAY:

Breakfast

 Visit Pisa and see the famous Leaning Tower

DAY 6 | FLORENCE - ROME

Dust the crumbs off your lap after another group brekkie. This morning prepare for a blast from the past as we walk through centuries of history with a local guide – soaking up all the artistic charm and dazzling architecture only Florence can deliver. We're talking: Uffizi Gallery. Ponte Vecchio. Piazza della Signoria. And the showstopping Duomo. Then? Bella Roma awaits. Dinner tonight is up to you, but you're in Disneyland for foodies. Meaning? EVERYTHING is good.



MEALS:



INCLUDED TODAY:

Breakfast

 Walking tour of Florence with local guide

DAY 7 I ROME

What you do this morning is 100% up to you. But if you need some suggestions, we've got your back. Rise early and count your blessings on an optional tour of Vatican City. Not your vibe? Count your steps on an optional tour of Palatine Hill, Roman Forum AND the Colosseum instead. Then, perch in a picture-perfect piazza with your espresso and indulge in a little dolce far niente (delicious idleness). Later, we'll rendezvous with ancient architecture's biggest players on a walking tour to end all walking tours. Pass by the Pantheon, (don't) sit on the Spanish Steps, check out the mighty Colosseum and throw your two cents in the Trevi Fountain before the day is done. Thought this place couldn't get better looking? Watch two-and-a-half-millennia of ancient history light up like Christmas – and think again.



MEALS:



INCLUDED TODAY:



✓ OPTIONAL ACTIVITIES:

Breakfast

- Walking tour of Rome with Trip Leader
- Guided tour of Vatican City: from €60
- Tour of Colosseum, Palatine Hill and Roman Forum: from €50

DAY 8 | ROME

This is your adventure, so here's 24 hours of freedom to get out there and do your thing. Create the ultimate Roman Holiday in one day with a whirlwind of Vespas, espresso, two-cheek kisses and pizza the way it's supposed to taste. Shop till you drop on Via Condotti. Hunt down the Knights of Malta Keyhole for an alternative view of the city. Battle the lunchtime rush for a slice at Pizzarium Bonci. Or stop and take it all in at Piazza Nuova (hot chocolate in hand, obvs). Tonight, shake out those fat pants and seek out the world's best pasta alla carbonara. It's from here, so it's gotta be good.



MEALS:

Breakfast

DAY 9 I ROME - VENICE

No lies – we have a long drive today. Now is the chance to share snaps with your new mates, catch up on some zzzzs and text the 'rents (trust us, you'll be too busy later). Later, we'll park up in the Floating City - home to over 400 bridges and birthplace of Vivaldi. Throw on your beanie and acquaint yourself with the who's who of Venice's usual suspects on a walking tour - we're talking: St Mark's Square, Doge's Palace and Accademia Bridge. Tonight, you're free to get lost amongst the misty alleyways and shimmering piazzas of this romantic city. What delicious carb-laden Italian meal haven't you tried yet? Order two.



MEALS:



INCLUDED TODAY:



OPTIONAL ACTIVITIES:

Breakfast

 Walking tour of Venice with Trip Leader

 Get a personalised trip T-shirt or hoodie: from €23

DAY 10 | VENICE

You wanted the freedom to do your own spontaneous-this-is-what-I-came-here-for thing. So here's a full day to do just that. Need some suggestions? Float past the famous Rialto Bridge on a gondola ride. Spend your time seeking out the epic Libreria Acqua Alta bookshop. Then find yourself next to a roaring fire with a mug of hot vin brulé. Later, score a cheap meal at Osteria Al Portego or fill up on allIll the drool-worthy Italian pastries (no judgement here).



MEALS:

DAY 11 | VENICE - SALZBURG (AUSTRIA)

Today: we're setting a course for Salzburg. So much more than strudel and The Sound of Music – this place has got elegance written on every grand Baroque building. We'll tick off the likes of the Mirabell Gardens, Mozart's birthplace, Fortress Hohensalzburg and the Cathedral on a walking tour with our expert Trip Leader. What you get up to tonight is 100% on you. Getting hangry? Pull up a pew at a local restaurant and dig into a weiner schnitzel, washed down with a pint of Ottakringer for good measure.

W.

MEALS:



INCLUDED TODAY:

Breakfast

 Walking tour of Salzburg with Trip Leader

DAY 12 | SALZBURG

Rise and shine – the Austrian Alps await! This place is a snow-fanatic's ultimate fantasy and you'll have a full day to shred to your heart's content. Whether you're a first-timer or a seasoned pro, ask your Trip Leader for the best slopes for you – then hit the powder! Or just sit back and enjoy a day sipping hot chocolate surrounded by gobsmacking alpine scenery. It's 100% up to you. Rather stay put in Salzburg? Take the funicular up to the Castle. Check out Mozart's birthplace. Visit St Peter's Catacombs. Or organise a Sound of Music tour. Disclaimer: you'll be 'doe-a-deering' for the rest of the trip. Make sure you try a mozartkugel before the day is done. Trust us.



OPTIONAL ACTIVITIES:

Skiing in the Alps: prices available locally

DAY 13 | SALZBURG - VIENNA

Ten points if you can guess what Vienna is famous for. Musicians. Grand coffee houses. And strudel (duh!). Prepare to have your heart captured as we drive by the likes of the Opera House, Hofburg Palace, Museum Quarter and Ringstrasse. Then: the afternoon is yours. Head to Cafe Central where the likes of Freud, Trotsky and Lenin used to hang out. Show off your best Bambi impression at the seasonal ice rink outside the Rathaus. Or soak up the sweet sounds of Mozart and Bach played by a Viennese orchestra at an optional concert. The 1700s had some bops.



MEALS:



(☆) INCLUDED TODAY:



OPTIONAL ACTIVITIES:

Breakfast

Vienna highlights drive

 Viennese orchestra experience: from €45

DAY 14 | VIENNA - BRATISLAVA (SLOVAKIA) - BUDAPEST (HUNGARY)

First up today: a pit stop in Slovakia. Check out all the panoramic views from Bratislava Castle, wander through the Gothic Old Town and grab lunch. Tip: warm up with a serving of kapustnica (cabbage soup) or bryndzové pirohy (Slovak dumplings). Then? The twin cities of Buda and Pest. We'll be chauffeured past the Chain Bridge, Castle District, Heroes' Square and House of Terror on a driving tour of the city. Then: swing by 360 Bar and cosy up in a rooftop igloo complete with eye-popping views of the icy skyline. It doesn't get more winter-y than this.



MEALS:



INCLUDED TODAY:

- Breakfast
- Orientation walk of Bratislava with Trip Leader
- Budapest highlights drive

DAY 15 | BUDAPEST

You wanted freedom to explore – here it is. Check out the Central Market Hall. Explore the Jewish Quarter. Play pinball at the Flippermúzeum. Get a harrowing education at the House of Terrors. Hunt down the Anonymous Statue. Soak in the warm therapeutic waters of the Széchenyi Thermal Baths. Or head to Buda Castle and check out all the views from Fisherman's Bastion. Tonight, get stuck into some local fare: goulash, chicken paprikash, langos, dobos cake. Hopefully you like paprika, they're kinda obsessed with it here. Or opt for a dinner cruise down the Danube – Buda Castle and House of Parliament look extra spesh lit up like Christmas.



OPTIONAL ACTIVITIES:

Danube River cruise: from €43

DAY 16 | BUDAPEST - KRAKÓW (POLAND)

As the legend goes, a dragon had to be defeated for Kraków to be built (eat your heart out, Game of Thrones). Get acquainted with this gem of a city and the largest medieval town square in Europe (size isn't everything, Kraków) on today's walking tour. Then? Take Fleetwood's advice and go your own way. Top up your history knowledge at Wawel Castle. Explore the quirky cafes and boutiques in the Jewish Quarter. Head to Schindler's Museum (be prepared to queue). Or find a local haunt and tuck into a piled-high plate of Polish potato pancakes – delicious AND a bonus tongue-twister.



MEALS:



INCLUDED TODAY:

Breakfast

 Walking tour of Kraków with Trip Leader

DAY 17 | KRAKÓW

Ready for round two exploring Kraków's frosty, fairytale streets? We've got some suggestions for your free day. Head to Hamsa in the heart of the Jewish Quarter for some 'Hummus and Happiness'. Shop for amber in the UNESCO-listed Cloth Hall. Or do as the locals do and head to Okraglak for some drool-worthy street food – Zapiekanki is a must! Then: it's vodka time. On an optional tasting tour, wander the cobblestone streets with a local guide – learning the history behind Polish vodka and sampling a few flavoured varieties as you go. This stuff is not for mixing with cranberry juice. Trust us. Feeling buzzed? Przypiecek is a pierogi place with your name on it.



OPTIONAL ACTIVITIES:

Vodka tasting: from 218 PLN

DAY 18 | KRAKÓW - PRAGUE (CZECH REPUBLIC)

Onwards to the spire-filled skyline and mysterious streets of Prague! Get acquainted with this picture-perfect city as our Trip Leader takes us on a wander through Wenceslas Square, past the largest ancient castle in the world and across medieval Charles Bridge. Then: get stuck into some sma~ený sýr (fried cheese = yes please) and watch the quirky show the 600-year-old Astronomical Clock puts on every hour. Tonight, rally the troops and head to a traditional pub to sample some of that famous Czech beer. Or – if you're here in December – warm up with some mulled wine under the ginormous Christmas tree in Old Town Square.



MEALS:



INCLUDED TODAY:

Breakfast

 Walking tour of Prague with Trip Leader

DAY 19 | PRAGUE

That's right folks – it's your day, your way. So, make like Dora and get exploring. Check out the John Lennon wall. Soak up some history at the Communist Museum. Take the funicular up Petrin Hill for allll the views. Or grab a delish roast pork roll at one of the street vendors lining Old Town Square. Fancy yourself as a bit of a hops connoisseur? Don't miss the beer tasting optional this afternoon. Or fully commit to the sugar rush with a serving of trdelník. Think: fire-roasted pastry coated in cinnamon sugar – add Nutella and you've got the stuff of dessert dreams *wipes drool from chin*.



OPTIONAL ACTIVITIES:

 Local beer tasting in Prague: from €40

DAY 20 | PRAGUE - DRESDEN (GERMANY) - BERLIN

From one beer capital to the next. Get acquainted with 800 year-old Dresden – a city virtually destroyed in WWII and then rebuilt – before we make tracks to Berlin. Prep yourself for currywurst and more hipsters per capita than anywhere else. We'll drive you around the main sights including (what's left of) the Berlin Wall, Museum Island, the Holocaust Museum and Alexanderplatz. Then: gather the crew and hunt down a steaming döner kebab. Yes, you'll be finding bits in your scarf for the next four days. But it's worth it.



MEALS:



INCLUDED TODAY:

Breakfast

- Orientation walk of Dresden with Trip Leader
- · Berlin highlights drive

DAY 21 | BERLIN

You've got 24 hrs here. Make the most of it. Our advice? Opt in for a historic walking tour that's, you know, not boring. Get a local insight into what the city was like under Nazi rule and tick off the likes of the Reichstag, Checkpoint Charlie and Brandenburg Gate. Plus, get the in-the-know tips on where to spend your free time later. Or put those taste buds to the ultimate test on an awesome AF food tour. We're talking kebabs, pastries, more currywurst, pierogi and local beers (you're in Germany after all). Tonight, round up the fam and see whether this city's nightlife really lives up to the hype.



OPTIONAL ACTIVITIES:

 Third Reich walking tour: from €20

Berlin food tour: from €45

DAY 22 | BERLIN - AMSTERDAM (NETHERLANDS)

Our trip may be coming to a close, but it's not over yet! We've got our eye on Amsterdam today. Dump your stuff and hit the cobblestones – Dam Square, the Royal Palace and the National Monument are waiting. For dinner tonight, you're gonna be spoilt for choice – Dutch steakhouses, trendy vegan haunts, fancy à la carte menus and the best takeaway hot chips you've had in your life. Guaranteed. Later, head to Proeflokaal Arendsnest for a selection of over 100 local beers and all the cosy vibes.



MEALS:

DAY 23 | AMSTERDAM

And just like that, this is our last full day together. FFS don't hang about! Join the locals and check out Amsterdam's iconic canals, bridges and parks on an optional bike tour. History buffs should pay a visit to the Anne Frank House (don't forget to book in advance!). Orrr have a VR experience of the city through her eyes. Then: there are 51 museums here, but the Van Gogh Museum and Rijksmuseum should be top of your list. Or get lost amongst backstreets of this city's diverse districts - each one's got a distinct vibe. Whatever you get up to, make sure you're back in time for tonight's included dinner - we'll be going out with a bang!



MEALS:



OPTIONAL ACTIVITIES:

Dinner

- · Bike tour of Amsterdam: from €28
- Anne Frank's Last Walk with VR experience: from €37

DAY 24 | AMSTERDAM - LONDON (ENGLAND)

24 days. 11 countries. Countless thrills, spills and good times. You embraced it all and shared the Euro-winter ride with a bunch of strangers who are now like family. After one last brekkie (no crying over your cornflakes), it's time to hit the road back to ol' Blighty. Stick next year's trip in the iCal – who's coming?



MEALS:

OTHER INFORMATION

TOPDECK APP

Feeling appy? Download the Topdeck app and get PUMPED for the adventure ahead. Best bit is: from 45 days before departure you'll be able to chat with your soon-to-be tripmates.

Plus, get your itinerary at your fingertips – so you know where you'll be going and what you'll be doing on each day of your trip. Nice!

Links:

Apple https://apps.apple.com/gb/app/topdeck/id994727866

Android https://play.google.com/store/apps/details?id=com.FlexiTechSolutions.TopDeck&hl=en





YOUR SAFETY

NIGHTS OUT

We love a good night out – experiencing the nightlife and entertainment places have to offer is a big part of travelling. But alongside the fun it's important to be aware of your surroundings and personal safety.

When you're out late, remember to avoid walking alone – particularly through deserted areas like beaches and back streets. Always stick together, take a registered taxi where possible, and keep a note of your accommodation so you can find your way back to your fellow Topdeckers if you become separated. Make sure you have your trip mates' mobile numbers in case you need to get hold of them while out and about.

In some countries, alcoholic measures can be considerably larger than what you may be used to. Try to keep track of what you're drinking – and if you see one of your trip mates looking a little worse for wear, take them back to your accommodation. Never leave your drink unattended.

It's also important to be aware that what you might consider harmless flirting may be interpreted differently in some countries. Be yourself and have fun, but stay savvy – you don't want to find yourself in an uncomfortable situation.

DRUG USE

Topdeck has a strict zero-tolerance drug policy. Customers should not bring any illegal substances onto the Topdeck coach or into any of the accommodation we stay in on our trips. This includes marijuana – even if it is legal in some of the states your trip passes through. If you are found in possession of drugs, you will be removed from the trip immediately. All instances of drug possession will be reported to Topdeck Head Office, who may consider alerting the relevant authorities.

REMEMBER: if you are found in possession of drugs, not only do you risk getting in trouble with the local police, but our Driver will also be held responsible if they are found on the Topdeck coach. Trust us, you don't want that to happen to any of our Drivers – they're awesome.

MENTAL HEALTH AND WELLBEING

Culture shock, homesickness, random periods of feeling down – these things happen and are totally normal. You can rest assured that if you're feeling low, your Topdeck crew will do their utmost to cheer you up.

Measures you can take to look after your mental health and wellbeing while on the road with us are:

- Call home. Sometimes it's nice to hear a familiar voice and have a good old-fashioned catch up with your loved ones
- Eat well. Never underestimate the power of a good, wholesome meal. Nobody feels at their best when they're hungry!

- Drink responsibly. Not only will you swerve the dreaded hangover, but by keeping an eye on what you drink you could also avoid getting into any potentially uncomfortable situations
- Talk to your Trip Leader. Don't forget, they're probably far from home too so they're sure to know some tried- and-tested ways to beat the blues
- Integrate with your fellow Topdeckers. This one is key! The more fun you're having on your trip, the less likely you are to feel homesick (fact!)

TRAVEL SINCE COVID-19

Travel looks a bit different since COVID-19. That's why we've put some new procedures in place to help keep you safe on the road.

What remains the same? Your Topdeck trip will be run hygienically, responsibly, and with your safety at the forefront of everything we do. End of.

Here's the info: https://www.topdeck.travel/resources/travel-safely

RESPECT ON THE ROAD

RESPECTING FELLOW TRAVELLERS

Our trips are for everyone. We're a family – and we want every Topdecker to have an incredible time.

What we're not about is excluding people or making them feel like they don't belong. That's why we always encourage Topdeckers to be kind and courteous to their fellow tripmates. The golden rules? Respect each other's space, be mindful of causing excessive noise in shared accommodation, and treat others how you'd wish to be treated. Easy!

HOW TO BE A RESPONSIBLE TRAVELLER

Responsible travel isn't difficult to achieve. With a little conscious thought and preparation, you can have an awesome adventure AND a positive impact on the places you visit. Sweet!

Here are five things you can do to ensure you're travelling responsibly:

- Conserve water. You know the drill reuse your room towels, take short showers and remember to turn off the tap when you're brushing your teeth
- Reduce your waste. Ditch the plastic bag, refuse unnecessary packaging, dispose of your waste responsibly and recycle as much as possible
- Go local. Hunt down locally owned and operated restaurants and bars, shop in local markets, and book tours and activities run by local guides
- Consider the wildlife. Avoid any attractions that involve closely engaging with wild animals
- Respect local people and culture. Obeying local laws is a given but also remember to dress and behave in a manner appropriate to the community. Be polite and keep an open mind!

INSURANCE

Before your trip departs, it's compulsory for all passengers to take out comprehensive travel insurance covering cancellation, medical expenses (including repatriation), loss or damage to baggage and personal belongings, money and personal liability.

Got more Qs? Chat with our Customer Service team: https://www.topdeck.travel/about-us/contact

PASSPORTS AND VISAS

Please make sure your passport is valid for at least six months after the last day of your trip. Some countries will refuse entry if you do not have at least six months validity remaining on your passport after your departure date. Depending on your nationality, you may require a visa to enter certain countries.

It is your responsibility to obtain visas prior to your trip's departure. To determine which visas you'll need, you can consult either your own government's website or the government websites of the countries in which you will be travelling. Check out our handy interactive map showing global visa requirements:

https://www.topdeck.travel/resources/latest-border-restrictions

PLEASE NOTE: some visas can take up to six weeks to acquire, so don't leave it until the last minute. Also, bear in mind that the validity of a visa often runs from its date of issue rather than the date of entry into the country. Please check with the appropriate embassy/embassies prior to departure, as requirements do change periodically.

TIPPING

Basically: it's not necessary.

Your Trip Leader and Driver don't expect tips, and they won't ask for any either. Meaning? More dollar to spend on optional activities (and a souvenir for your nan).

WHAT TO BRING

Based on our experience, these items are key. Everyone's different though – so if you want to bring more or less, go for it (as long as you don't exceed your 20kg allowance, that is!).

Off to Japan? Your luggage must be no bigger than 160cm in total (height x width x length). So maybe leave the hairdryer at home.

Psst: this is a packing list for Topdeck trips in general. Obv you'd look silly splashing around the Greek islands in a snowsuit.

- 1 pair of comfortable walking shoes + 1 pair of smart casual shoes
- 1 pair of thongs/jandals/flip-flops
- · 2 pairs of jeans/trousers
- 2 pairs of shorts/skirts
- 4 shirts/T-shirts
- 2 sweaters/jumpers
- Smart casual evening wear
- 1 warm jacket + 1 rainproof jacket

- Underwear and socks + swimwear
- Towel
- Toiletries
- Hat and sunscreen
- Basic medical kit (including plasters, aspirin etc)
- Adaptor plug
- Reusable water bottle
- Snow gear

